

*Study participants
receive
up to \$150 in
Target gift cards*

- ⇒ \$25 at enrollment
- ⇒ \$35 at IUD insertion,
within 48 hours of birth
- ⇒ \$30 for the 4-6 week
post-partum visit
- ⇒ \$30 for the 3 month
post-partum follow-up
visit
- ⇒ \$30 for the 6 month
post-partum follow-up
visit

*To learn more about being a
participant, call*
919.843.2712
or
919-843-9546

Researchers involved in this study

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**Immediate
Postpartum
IUD Study**

*This research study
will test how well
the Mirena IUD will
stay in place
if put in your uterus
before you leave the
hospital after
giving birth to
your baby.*



What will participants do?

The Immediate Postpartum IUD Study is for women who are pregnant and want to use the IUD as birth control after they have their baby.

Participants will:

- Enroll around the 28th week of pregnancy
- Receive the Mirena® IUD 10 minutes to 48 hours after delivery.
- Attend 3 follow-up visits at the UNC clinic:
 1. **4-6 weeks postpartum.** This will be your usual postpartum visit, but will also include a short questionnaire and an ultrasound
 2. **3 months after IUD insertion.** This visit will include a short questionnaire, an ultrasound and a brief physical exam
 3. **6 months after IUD insertion.** This will be the final visit for the study and activities will include those of the 3-month visit plus a few additional questions

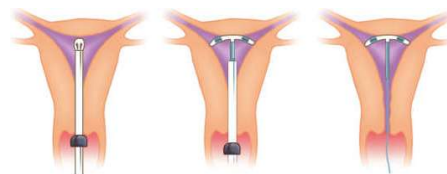
Is this research study for you?

Are You...

- Currently pregnant?
- Interested in using an **IUD** (intrauterine contraception) as birth control after giving birth?
- Planning a vaginal delivery?
- Planning to stay in the area 7 months after signing up to participate?

Are there any reasons you should not be in this study?

- You know you cannot use the IUD
- You have any known uterine complications such as fibroids or a septum
- You have ever had a cesarean section
- You have been treated for a STI (sexually transmitted infection) in the last 9 months
- You have an allergy to betadine or lidocaine
- You have complications of pregnancy such as high blood pressure, non-gestational diabetes, or anemia
- You have complications of delivery such as a fever, or medications other than pitocin and/or misoprostol to stop bleeding



Understanding the risks

All precautions will be taken to reduce any risk involved with IUD insertion and keeping it in place. You will be asked to contact the study team immediately if you experience any discomfort or the IUD has come out of your uterus.

IUD expulsion. There is a 5—20% chance the IUD will fall out in the first year.

Perforation. There is a very small chance, about 1/1000, that a small hole will be made in the uterus when the IUD is placed.

Pregnancy. All women who use the IUD have a 1/100 to 1/1000 chance of becoming pregnant during the first year.

Discomfort. Unlikely chance of discomfort when putting the IUD in place.

Miscarriage. Risk of miscarriage if pregnancy occurs with the IUD in place.

Missed menstrual periods. About 2 out of 10 women stop having periods after 1 year of Mirena® use.

Changes in bleeding. You may have bleeding and spotting between menstrual periods, especially during the first 3 to 6 months.